Understanding the Correlation between Cap Rates and Treasury Yields

As we have noted in previous Insights from Inside the Vault articles, capitalization rates are an investor’s way of converting expected cash flows from real estate into an estimate of today’s value. They can be thought of as an investor’s expected rate of return given assumptions about future net operating income (NOI) over a specific holding period. For any given cap rate, higher expected NOI will result in higher real estate valuations. However, cap rates and real estate valuations are inversely related, meaning higher cap rates result in lower valuations for any given level of NOI. As cap rates fall, real estate valuations rise, and vice versa.

The yields investors can “lock in” by investing in U.S. Treasury bonds provide a benchmark that can be useful when assessing the cap rates currently observed in real estate markets. Using the yields on 10-year Treasury bonds as a starting point, we can estimate a “spread” or the incremental difference in returns expected from an investment in commercial real estate over returns from risk-free bonds. This spread should compensate investors for the additional risk that real estate investors assume with real estate investments, and must include some incremental reward for holding a less liquid financial asset such as nontraded REIT shares.

Unlike a government bond with fixed interest payments, cash flows from real estate are typically expected to grow. Therefore, an investor’s required rate of return will include future growth rates as an important component. Other things equal, the expected growth rate in NOI will show up in spreads as a downward adjustment. Higher expected growth in NOI from today’s level means investors can accept a lower capitalization rate for current NOI. The cap rate/Treasury yield spread thus becomes a barometer of investor sentiment as it mathematically explains the trade-off in returns that investors are willing to accept for higher risk versus low-risk investments.

Beyond estimating the return for an individual property or a portfolio of real estate assets, are there additional insights we can glean when it comes to valuations and the investment cycle in commercial real estate if we monitor the changes in spreads between capitalization rates and the yields on government bonds? The answer is yes. And in fact, cap rates and cap rate spreads are a valuable gauge of investor preferences for real estate versus other investments over time.

*Note that the 10-YR Treasury Yield illustrated above for 2Q 2013 is actual while the NCREIF Cap Rate and Spread are only estimates.

© 2015 Blue Vault Partners, LLC. All rights reserved. The information contained herein is not represented to be guaranteed, complete or timely. Past performance is not indicative of future results. The reproduction and distribution of the Blue Vault Nontraded REIT Industry Review is strictly prohibited. Information contained in the Blue Vault Nontraded REIT Industry Review should not be considered investment advice. For additional information please call 877-256-2304.
By observing the spreads between yields on 10-year Treasury bonds and cap rates for commercial real estate, we can gain insights into the ever-changing investment environment. NCREIF publishes quarterly average cap rates for all classes of commercial real estate reported by fiduciary transactions and appraisals. As the chart illustrates, during 2Q 2007, the overheated and overpriced real estate market is quite evident as spreads declined while real estate asset values were increasing. Stating it differently, inflated real estate values resulted in historically low spreads between cap rates and Treasury yields (0.29%). Later, as spreads between capitalization rates and bond yields increased as we saw in 3Q 2010, investors were demanding higher rates of return as a risk premium for holding real estate and the spread increased to 4.42%. Over the last 10 years, the average spread between cap rates and 10-year Treasury bond yields has been 2.7%.

Using these historical markers as our guide, is it possible to predict future real estate values and market trends? By applying the average spread to 10-Year Treasury yields in 2Q 2013, we could expect to see an average NCREIF cap rate of 5.27% which suggests that real estate values are improving because this new estimate is lower than the observed cap rate of 5.87% during 4Q 2012.

John Maynard Keynes compared successful investing to judging a beauty contest in which the object was not to pick the most beautiful contestant, but to pick the contestant which the other judges would believe was most beautiful. Applied to real estate investing, today’s valuation depends not just upon our estimates of future values, but upon the present and future return estimates of other investors both at the individual property level and the sector level. And by monitoring the change in both cap rates and cap rate spreads, we are able to create a valuable barometer of investor preferences for real estate versus other investments.