

NEWS RELEASE

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ASHFORD HOSPITALITY TRUST ANNOUNCES PRELIMINARY FIRST QUARTER 2022 RESULTS

DALLAS, April 25, 2022 -- Ashford Hospitality Trust, Inc. (NYSE: AHT) ("Ashford Trust" or the "Company") announced today its preliminary expectations for net loss attributable to common stockholders, Adjusted EBITDAre, and Adjusted FFO for the first quarter ended March 31, 2022.

The Company reported today a preliminary estimated range of net loss attributable to common stockholders of approximately \$(58.8) million to \$(56.8) million, a preliminary estimated range of Adjusted EBITDAre of \$40.0 million to \$42.0 million, and a preliminary estimated range of Adjusted FFO available to common stockholders and OP unitholders of \$(1.8) million to \$0.2 million for the first quarter ended March 31, 2022. Final results for the first quarter ended March 31, 2022 will be released on May 3, 2022, as previously announced.

"We are excited to report these preliminary results for the first quarter, which were driven by strong leisure and transient demand across our portfolio," commented Rob Hays, Ashford Trust's President and Chief Executive Officer. "Hotel performance within our portfolio improved each month in the first quarter and we remain optimistic about both the trajectory of the industry recovery and the outlook for our Company."

We use certain non-GAAP measures, in addition to the required GAAP presentations, as we believe these measures improve the understanding of our operational results and make comparisons of operating results among peer real estate investment trusts more meaningful. Non-GAAP financial measures used in this press release, which should not be relied upon as a substitute for GAAP measures, are FFO, AFFO, EBITDA, EBITDAre and Adjusted EBITDAre. Please refer to our

most recently filed Annual Report on Form 10-K for a more detailed description of how these non-GAAP measures are calculated. The reconciliations of non-GAAP measures to the closest GAAP measures are provided below and provide further details of our results for the period being reported.

The following tables are reconciliations of the Company's preliminary estimated GAAP net income (loss) to the Company's preliminary estimated EBITDA, EBITDAre, Adjusted EBITDAre, FFO and Adjusted FFO:

ASHFORD HOSPITALITY TRUST, INC. AND SUBSIDIARIES RECONCILIATION OF NET INCOME (LOSS) TO EBITDA, EBITDAre AND ADJUSTED EBITDAre (in millions) (unaudited)

	Three Months Ended March 31, 2022			
	Low End		High End	
Net income (loss)	\$	(56.1)	\$	(54.1)
Interest expense and amortization of discounts and loan costs, net		43.6		43.6
Depreciation and amortization		52.1		52.1
Income tax expense (benefit)		0.1		0.1
Equity in (earnings) loss of unconsolidated entities		0.2		0.2
Company's portion of EBITDA of unconsolidated entities		(0.2)		(0.2)
EBITDA		39.7		41.7
(Gain) loss on disposition of assets and hotel properties		(0.1)		(0.1)
EBITDAre		39.6		41.6
Amortization of unfavorable contract liabilities		0.1		0.1
Write-off of premiums, loan costs and exit fees		0.7		0.7
Other (income) expense, net		(0.1)		(0.1)
Transaction and conversion costs		0.7		0.7
Legal, advisory and settlement costs		_		
Unrealized (gain) loss on derivatives		(3.2)		(3.2)
Stock/unit-based compensation		2.0		2.0
Advisory services incentive fee		0.2		0.2
Company's portion of adjustments to EBITDAre of unconsolidated entities				
Adjusted EBITDAre	\$	40.0	\$	42.0

ASHFORD HOSPITALITY TRUST, INC. AND SUBSIDIARIES RECONCILIATION OF NET INCOME (LOSS) TO FFO AND ADJUSTED FFO (in millions)

(unaudited)

	Three Months Ended March 31, 2022			
	Lo	w End	High End	
Net income (loss)	\$	(56.1)	\$	(54.1)
Net (income) loss attributable to redeemable noncontrolling interests in operating partnership		0.4		0.4
Preferred dividends		(3.1)		(3.1)
Net income (loss) attributable to common stockholders		(58.8)		(56.8)
Depreciation and amortization on real estate		52.1		52.1
(Gain) loss on disposition of assets and hotel properties		(0.1)		(0.1)
Net income (loss) attributable to redeemable noncontrolling interests in operating partnership		(0.4)		(0.4)
Equity in (earnings) loss of unconsolidated entities		0.2		0.2
Company's portion of FFO of unconsolidated entities		(0.2)		(0.2)
FFO available to common stockholders and OP unitholders		(7.2)		(5.2)
Write-off of premiums, loan costs and exit fees		0.7		0.7
Other (income) expense, net		(0.1)		(0.1)
Transaction and conversion costs		0.7		0.7
Legal, advisory and settlement costs		_		
Unrealized (gain) loss on derivatives		(3.2)		(3.2)
Stock/unit-based compensation		2.0		2.0
Amortization of term loan exit fee		2.7		2.7
Amortization of loan costs		2.4		2.4
Advisory services incentive fee		0.2		0.2
Company's portion of adjustments to FFO of unconsolidated entities				
Adjusted FFO available to common stockholders and OP unitholders	\$	(1.8)	\$	0.2
Weighted average diluted shares	_	36.3		36.3

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Ashford Hospitality Trust is a real estate investment trust (REIT) focused on investing predominantly in upper upscale, full-service hotels.

The preliminary estimated results for the first quarter ended March 31, 2022 included in this release, which are the responsibility of management, were prepared by the Company's management in connection with the preparation of the Company's financial statements and are based upon preliminary hotel operating results, preliminary corporate level expenses, and a number of subjective judgements and assumptions. Additional items that may require adjustments to the Company's preliminary estimated financial information may be identified and could result in material changes to the Company's preliminary estimated results. The Company has provided ranges, rather than specific amounts, for the preliminary estimated results described above, primarily because the Company's closing procedures for the first quarter ended March 31, 2022 are not yet complete and, as a result, the Company's final results upon completion of the closing procedures may vary from the preliminary estimates set forth above. The Company's independent registered public accounting firm, BDO USA, LLP, has not audited, reviewed, compiled or performed any procedures with respect to the preliminary estimated financial information, nor have they expressed any opinion or any other form of assurance on such information or its achievability, and assume no responsibility for, and disclaim any association with, such preliminary estimated financial information. Further, these preliminary estimated results are not a comprehensive statement or estimate of the Company's financial condition or operating results for the first quarter ended March 31, 2022. These preliminary estimated results should not be viewed as a substitute for complete quarterly financial statements prepared in accordance with generally accepted accounting principles ("GAAP") or as a measure of the Company's performance. In addition, the preliminary estimated financial information is not necessarily indicative of the results to be achieved for any future period. Accordingly, investors are cautioned not to place undue reliance on this preliminary estimated financial information. See the information below under the heading "Forward-Looking Statements" and "Risk Factors" and "Management's Discussion of Financial Condition and Results of Operations" in the Company's Annual Report on Form 10-K for the year ended December 31, 2021.

Forward-Looking Statements

Certain statements and assumptions in this press release contain or are based upon "forward-looking" information and are being made pursuant to the safe harbor provisions of the Private Securities Litigation Reform Act of 1995. Forward-looking statements in this press release include, among others, statements about the Company's strategy and future plans. These forward-looking statements are subject to risks and uncertainties. When we use the words "will likely result," "may," "anticipate," "estimate," "should," "expect," "believe," "intend," or similar expressions, we intend to identify forward-looking statements. Such statements are subject to numerous assumptions and uncertainties, many of which are outside Ashford Trust's control.

These forward-looking statements are subject to known and unknown risks and uncertainties, which could cause actual results to differ materially from those anticipated, including, without limitation: the impact of COVID-19, and the rate of adoption and efficacy of vaccines to prevent COVID-19, on our business and investment strategy; our ability to repay, refinance, or restructure our debt and the debt of certain of our subsidiaries; anticipated or expected purchases or sales of assets; our projected operating results; completion of any pending transactions; our understanding of our competition; market trends; projected capital expenditures; the impact of technology on our operations and business; general volatility of the capital markets and the market price of our common stock and preferred stock; availability, terms and deployment of capital; availability of qualified personnel; changes in our industry and the markets in which we operate, interest rates or the general economy; and the degree and nature of

our competition. These and other risk factors are more fully discussed in Ashford Trust's filings with the Securities and Exchange Commission.

The forward-looking statements included in this press release are only made as of the date of this press release. Such forward-looking statements are based on our beliefs, assumptions, and expectations of our future performance taking into account all information currently known to us. These beliefs, assumptions, and expectations can change as a result of many potential events or factors, not all of which are known to us. If a change occurs, our business, financial condition, liquidity, results of operations, plans, and other objectives may vary materially from those expressed in our forward-looking statements. You should carefully consider these risks when you make an investment decision concerning our securities. Investors should not place undue reliance on these forward-looking statements. The Company can give no assurance that these forward-looking statements will be attained or that any deviation will not occur. We are not obligated to publicly update or revise any forward-looking statements, whether as a result of new information, future events or circumstances, changes in expectations, or otherwise, except to the extent required by law.